## AMENDMENTS TO THE CLAIMS

- 1. (Currently Amended) A method for in vivo down-regulation of growth differentiation factor 8 (GDF-8) activity in an animal, the method comprising administering to said animal an immunogenically effective amount of
- at least one GDF-8 analogue, which is a GDF-8 polypeptide that has been modified by substituting at least one first amino acid sequence in SEQ ID NO: 11 or 12 with at least one second amino acid sequence which comprises a foreign T<sub>H</sub> epitope, wherein said first amino acid sequence is from one or more than one of residues 1-12, 18-41, 43-48, 49-69, or 79-104 in SEQ ID NO: 11 or 12; or
- at least one GDF-8 analogue, which is a GDF-8 polypeptide that has been modified by inserting at least one first amino acid sequence in SEQ ID NO: 11 or 12 with at least one second amino acid sequence which comprises a foreign T<sub>U</sub> epitope, wherein said first amino acid sequence is from one or more of residues 1-12, 18-30, 42-51, 82-86 and 105-109 in SEQ ID NO: 11 or 12.
- 2. (Cancelled)
- 3. (Previously Presented) The method according to claim 1, wherein the modification has as a result that a substantial fraction of GDF-8 B-cell epitopes are preserved and that
- at least one first moiety is introduced which effects targeting of the modified molecule to an antigen presenting cell (APC) or a B-lymphocyte, and/or
- at least one second moiety is introduced which stimulates the immune system, and/or
- at least one third moiety is introduced which optimises presentation of the modified GDF-8 polypeptide to the immune system.
- 4. (Previously Presented) The method according to claim 3, wherein the modification includes introduction as side groups, by covalent or non-covalent binding to chemical groups in

GDF-8 or a subsequence thereof, of the foreign T<sub>H</sub> epitope and/or of the first and/or of the second and/or of the third moiety.

- 5. (Previously Presented) The method according to claim 3 or 4, wherein the modification includes amino acid substitution, deletion, insertion, addition, or any combination thereof.
- 6. (Original) The method according to claim 5, wherein the modification results in the provision of a fusion polypeptide.
- 7. (Previously Presented) The method according to claim 5, wherein the modification results in a substantial preservation of the overall tertiary structure of GDF-8.
- 8. (Cancelled)
- 9. (Previously Presented) The method according to claim 3, wherein the foreign T-cell epitope is immunodominant in the animal.
- 10. (Previously Presented) The method according to claim 3, wherein the foreign T-cell epitope is promiscuous.
- 11. (Previously Presented) The method according to claim 59, wherein the natural T-cell epitope is selected from a Tetanus toxoid epitope, a diphtheria toxoid epitope, an influenza virus hemagluttinin epitope, and a P. falciparum CS epitope.

## Claims 12-15 (Cancelled)

- 16. (Previously Presented) The method according to claim 1, wherein the GDF-8 analogue is derived from the C-terminal, active form of GDF-8.
- 17. (Cancelled)

## 18. (Cancelled)

- 19. (Previously Presented) The method according to claim 1, wherein an effective amount of the GDF-8 analogue is administered to the animal via a route selected from the parenteral route such as the intradermal, the subdermal, the intracutaneous, the subcutaneous, and the intramuscular routes; the peritoneal route; the oral route; the buccal route; the sublinqual route; the epidural route; the spinal route; the anal route; and the intracranial route.
- 20. (Previously Presented) The method according to claim 19, wherein the effective amount is between 0.5 μg and 2,000 μg of the GDF-8 analogue.
- 21. (Previously Presented) The method according to claim 19 or 20, which includes at least one administration of the GDF-8 analogue per year.
- 22. (Previously Presented) The method according to claims 19, wherein the GDF-8 analogue optionally has been formulated with a pharmaceutically and immunologically acceptable carrier and/or vehicle and has been formulated with an adjuvant which facilitates breaking of autotolerance to autoantigens, such as an adjuvant selected from the group consisting of an immune targeting adjuvant; an immune modulating adjuvant, a cytokine and a mycobacterial derivative; an oil formulation; a polymer; a micelle forming adjuvant; a saponin; an immunostimulating complex matrix (an ISCOM matrix); a particle; DDA; aluminium adjuvants; DNA adjuvants; γ-inulin; and an encapsulating adjuvant.
- 23. (Previously Presented) The method according to claim 20, wherein the GDF-8 analogue is contained in a virtual lymph node (VLN) device.

Claims 24-28. (Cancelled)

29. (Previously Presented) A method for increasing the muscle mass of an animal, the method comprising down-regulating GDF-8 activity according to the method of claim 1 to such

an extent such that the muscle mass is increased at least 5% when compared to animals which exhibit normal GDF-8 activity.

Claims 30-52. (Cancelled)

- 53. (Previously Presented) The method according to claim 1, wherein the GDF-8 analogue is introduced without a carrier molecule.
- 54. (Previously Presented) The method according to claim 1, wherein the GDF-8analogue or the modified GDF-8 polypeptide optionally has been formulated with a pharmaceutically and immunologically acceptable carrier and/or vehicle and has been formulated with an adjuvant which facilitates breaking of autotolerance to autoantigens wherein said adjuvant is an aluminium adjuvant.
- 55. (Previously Presented) The method according to claim 59, wherein the natural T-cell epitope is a tetanus toxoid epitope.
- 56. (Previously Presented) The method according to claim 1, wherein the GDF-8 analogue is derived from the C-terminal, active form of bovine GDF-8 polypeptide.
- 57. (Previously Presented) The method according to claim 55, wherein the tetanus toxoid epitope is selected from P2 (SEQ ID NO: 13) and P30 (SEQ ID NO: 14).
- 58. (Previously Presented) A method according to claim 1, wherein the animal is a human being.
- 59. (Previously Presented) The method according to claim 10, wherein the foreign T-cell epitope is a natural promiscuous T-cell epitope or an artificial MHC II binding peptide sequence.
- 60. (Previously Presented) The method according to claim 21, wherein the GDF-8 analogue is administered at least 2, at least 3, at least 4, at least 6, or at least 12 times a year.

- 61. (Previously Presented) The method according to claim 16, wherein the GDF-8 analogue is derived from bovine, porcine, human, chicken, sheep or turkey GDF-8 polypeptide.
- 62. (Previously Presented) The method according to claim 22, wherein the immune modulating adjuvant is a toxin.
- 63. (Previously Presented) The method according to claim 29, wherein the GDF-8 activity is down-regulated to such an extent that muscle mass is increased 10, 15, 20, 25, 30, 35, 40 or 45% when compared to animals that exhibit normal GDF-8 activity.
- 64. (Previously Presented) The method according to any one of claims 1, 3, 4, 6, 7, 9-11, 16, 18-19, 20, 22, 23, 29, or 53-63, wherein the substitution is made in one or more of the residues 1-12, 18-41, 43-48, 49-69 or 79-104 in SEQ ID NO. 12.